

**TRAINING
IN PARADISE
.EU**

TiP

SPRINT CANOEING AND ROWING

Training camps in the heart of nature.

TiP training camps

TiP coaching clinics

TiP technique analysis

TiP resources

TiP shop

TiP training and consultng

TiP training camps



Mahé Drysdale
*Rower, Olympic champion and
5 times World Champion*

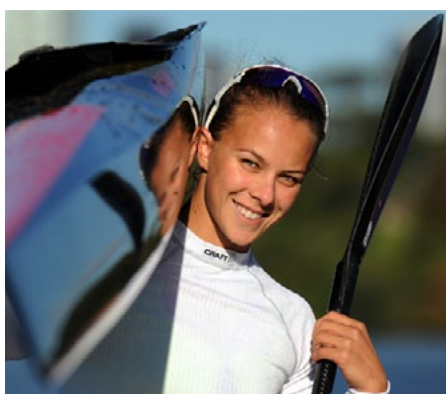
“I love Bohinj and the whole area. It is definitely one of the best places in the world I have ever trained at.

Moreover, it is very affordable compared to a lot of places we have trained in the past. When we are here for 6 weeks that becomes a big factor.

I guess when you get one of the best places to train and it is also affordable, that is the dream scenario!

I think we are very fortunate. In addition, the roads are great for cycling with a couple of really good climbs. We really enjoy the area. We will definitely be here in Europe next year too. The plan at the moment is to come back here. Kind of once you find a good place... It is not just to say, it really is a perfect scenario, fantastic lake! There is no motor boats, so you have to use the electric ones. The length is good. This hotel is perfect, food is really good. We use the gym in Bled. There is so much pluses and nothing we do miss. Every morning it is glassy here. You might get wind later on in the afternoon but it never seems to get rough.

It really is awesome. You are very lucky to live here!”



Lisa Carrington
*Kayaker, Olympic champion and
5 times World champion*

“I loved it!

I didn't know Bled is such a popular touristic place and didn't know how pretty it was. Overall, we had a nice accommodation, delicious food and perfect water conditions.

Also, the whole facility with changing rooms, boat shed and the gym – all in one place – is amazing. You did a good job!”

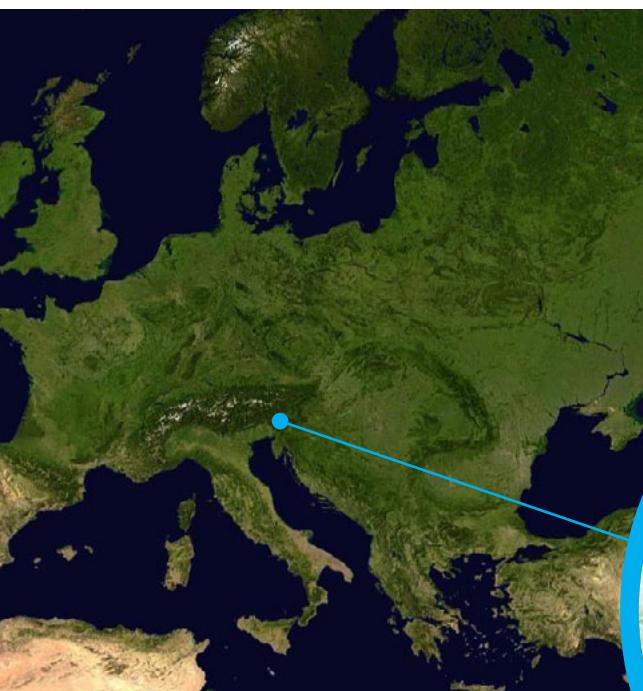


Building high performance in the heart of nature:

We offer tailor made training camp solutions for sprint canoeing & rowing national teams, club teams and individual athletes.

Training in Paradise area combines perfect training conditions, amazing nature and top training support for your spring and summer training camps.

The best period for your visit is from end of March till end of October - making it a perfect destination for pre-season camps or for final preparation camps before the main competitions as well as development camps in a more relaxed setting for club teams.



Location:

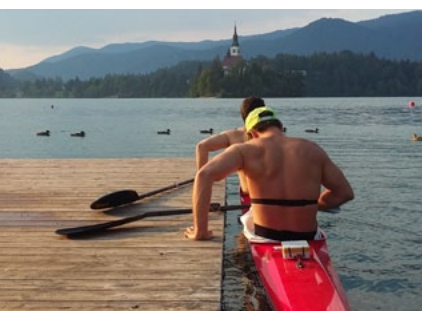
North West part of Slovenia, a hidden corner of unspoiled nature squeezed between Italy, Austria and the Slovenian Alps. A triangle of three magical lakes – Bled, Bohinj and Most na Soči – with the Triglav national park in the middle. Central Europe position means quick connections to Italy, Hungary, Austria, Germany, Slovakia, Czech Republic, France etc.



**Click on
pictures for
detailed
location!**



Training conditions:



- water surface sheltered by the surrounding mountains
- 2km race course (lake Bled)
- 3km course (lake Bohinj)
- electric coaching boats producing minimal wash
- gym and athletic stadium by the lakes
- boat storage
- access to the Bled Olympic center
- sport science services
- support and logistics





Accommodation prices

A wide range of solutions next to each of the lakes:

Hotel rooms, Apartments, house rentals, bungalows or camping
all within walk distance from training site.



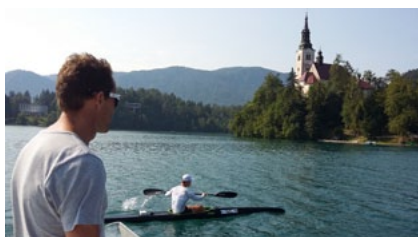
Olympic center Bled
basic package:
60eur/day full board



**3 star hotel on the shore of
lake Bohinj** with nice food and
excellent access to the lake:
35eur/day full board



**Private 2-3pax apartments
by the lake:**
starting at 30eur/day





TiP coaching boats

Electric coaching boats producing minimal wash

As only electric boats are allowed on all the 3 TiP lakes we provide specifically designed electricity powered motor boats that reach speeds up to 25 km/h.





References:

So far canoe **national teams** from:

New Zealand, Australia, Finland, Switzerland, Slovenia

as well as **clubs and individual athletes** from:

Belgium, Japan, France, Italy, Greece, Austria, USA, Singapore
have enjoyed training here.



testimonials



Tom Cremers

*Canoe marathon competitor and
coach for Koninklijke Sobeka canoe
club from Zwevegem (BEL)*

”Training in Paradise lived up to the expectations. Lake Bohinj proved to be a fantastic lake to train on with phenomenal surroundings and very friendly and helpful people.

Our group of over 40 people loved every minute of it.

Training there was fantastic and will for sure help me get a great result at the marathon Worlds. Thanks again for all the help”



Hannah Davis

Australian kayaker, olympic and world championship medalist

"I was in the Australian team that trained in Bled in 2005 and I remember it very fondly. We had an excellent training camp here, with great water conditions and very warm weather. The people of Slovenia were very kind and helpful, and they made our stay very worthwhile. I LOVED Lake Bled – the beautiful scenery made it a pleasure to train, and then recover between training sessions too!

I recommend it to anyone and hope one day to get back there too!"



Iliya Podpolny

Flatwater kayaker, Israeli national Champion, national team member

"I loved Bled and Bohinj lakes. I could also train together with their best junior K2 and their coach Miha Kordež which was amazing and helped me a lot.

The place is very beautiful, the people are good and so kind and the water is crystal clear and always calm. Next year I want to come again and stay for longer. I need more tough training in this amazing place!"



Christian Endl

Flatwater kayaker, Austrian national champion, national team member

"Most na Soči is a really nice village in Slovenia! I like this lovely place and all the people there, they are always friendly and helpful! You can train there in total peace with nothing disturbing you, which is really convenient for good quality sessions on a training camp!

When you are a real paddler you should have a connection with the nature, in Most na Soči you will get a totally new experience with nature."



Yasuhiro Suzuki

*Kayaker, Japan national champion,
silver medal in Asian Games 2010*

"I have never seen such clean lakes in Japan. Most na Soči, Bled & Bohinj are amazing places. I want to visit Slovenia one more time in my life."



Ian Ferguson

*Coach of New Zealand kayak team
and 5 times Olympic Champion*

"I would recommend Most na Soči as a fantastic training area for getting some large miles done.

The lake and rivers go for miles with a beautiful country side to dull the pain of hard training and avoiding boredom. The people in the area are fantastic and really looked after us as if we were best of friends. Also the history is amazing and it is close to other lakes and other areas to visit."



Gal Jakič

*Paraolympian (Torino, Vancouver),
adaptive alpine skier and parakayaker,
web-designer, motivational speaker*

"It doesn't matter if you got out of bed on the wrong foot this morning, Most na Soči, the river Soča and its surroundings offer such a beautiful scenery that instantly puts a big smile on your face. The endless possibilities of the river, the mountains and the remote location, away from fast and crazy lifestyle offer you a glimpse of paradise you will gladly return to, again and again.

Trust me, you will wish you would never have to leave."



Nicole Rutishauser

*Flatwater kayaker from Switzerland,
national team member, junior world
championship finalist*

"The epic colour of the Soča is, beside the funny company there, the most beautiful thing in Most na Soči, and even the November's daily and mystical morning fog over the lovely river was nice to look at especially because it looked so fancy with the morning sun.

It's a pleasure to paddel in the calm nature, even if it was around freezing temperature at my time there!"



“The majestic nature and scenery combined with some of the best training conditions in the world is what finally makes this area truly a Training Paradise.”



Jernej Župančič Regent
*Training in Paradise manager,
flatwater coach, Olympian*

TiP contact

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www.traininginparadise.eu



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**I FEEL
SLOVENIA**

